

# Cardinal Key



## Newsletter



### Position Spotlights

Meet your blood drive co-chairs!

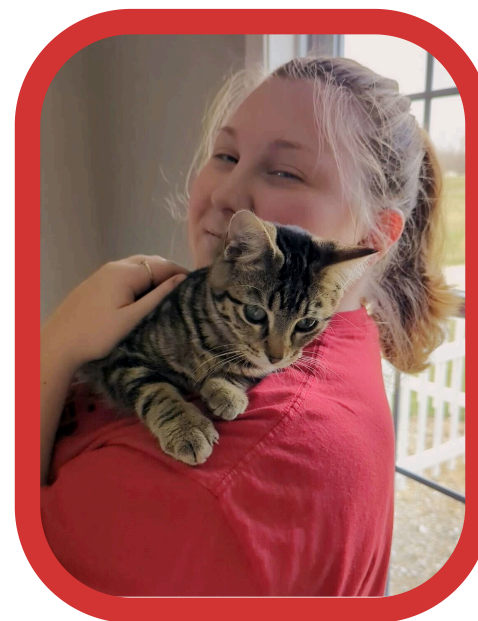
#### Avery Ward – Blood Drive Co-Chair

Avery is a junior Exercise Science major with Biology and Psychology minors. After college, she wants to go to PT school to become a pediatric physical therapist. Her favorite thing about being Blood Drive Co-Chair is seeing all of the new donors and knowing how many people our blood drive helps. Her favorite CK memory was Retreat this spring because it was an opportunity to bond and get to know sisters on a deeper level.



#### Brianna Teeter – Blood Drive Co-Chair

Brianna is a junior Nursing major and intends on becoming a psychiatric mental health nurse practitioner. Brianna says that she has loved ones that would not be here today without blood donations, so she loves being able to be a part of organizing and advertising this event. One of Brianna's favorite things to do in Cardinal Key is to volunteer alongside fellow CKs at the Adair County Humane Society: "Working with animals has always been something I love, and doing it with people I cherish makes it all the better!"



### Grounds For Change Fundraiser

We are excited to announce that we are working with Grounds for Change as our fall fundraiser! We are selling four blends of coffee, each with different notes: Seabrook (toffee, green apple, roasted nuts), Agate Pass (caramel, toasted almond, cocoa), Cafe Femenino (chocolate, nuts), and Decaf First Light (chocolate, maple syrup, almond). Each 12 oz. bag of your choice of whole or ground coffee beans is \$16.50. If you are interested, **please email [nv88638@truman.edu](mailto:nv88638@truman.edu) with your order details and venmo @emmahulbert by October 16.**

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### This Month in CK

This month was a busy one for Cardinal Key! On September 10 and 11, we partnered with Blue Key and the Red Cross to host our semesterly blood drive. Through this blood drive, we were able to collect 161 units of blood, which has the potential to save up to 483 lives. On September 29th we had a Bulldog Chow sale to raise money for the Juvenile Diabetes Research Foundation. We tabled outside of the football game on Family Weekend and were able to both spread awareness about type 1 diabetes and sell families a sweet treat to enjoy during the game. We have also had fun going to the Humane Society to volunteer as well.



### Homecoming!

The week of October 21-26 is this year's homecoming week, and we would love to see you at our events if you find yourself in Kirksville during that time. Both our Homecoming Tailgate and Cardinal Key Alum Dessert Party will be held on October 26, with the tailgate starting at 11 AM and the Dessert Party starting at 6 PM. More details are soon to come, so keep an eye on your email if you are interested in being a part of any of our homecoming festivities.

### Upcoming Events & Info:

**October 16:**  
Volunteering at  
SAB's  
Trunk-or-Treat

**October 20:**  
Special Men's  
Day

**October 26:**  
Homecoming  
Tailgate (11-1:45)

**October 26:**  
Alum Dessert  
Party (6 PM)

**October 31:**  
Trick or Treat,  
Save Your Sweets  
for JDRF