# CARDINAL KEY

Truman State Cardinal Key Monthly Newsletter 2022/2023



## Position Spotlight

Hannah is our amazing President! She is a senior Biology major with a Psychology minor. On campus she is also involved in the Campus Christian Fellowship (CCF). Hannah's favorite part of being president is working with her vice president, Abby Sauer. She also loves that a large part of her position is serving the girls in CK, either through helping them with their position or being a listening ear.

Abby is our wonderful Vice President! She is a senior
Health Science major with a minor in Business
Administration. On campus Abby is also a Team Lead of
the Client Management team at the Union and Involvement
Services office as well as a research assistant for the Health
and Exercise Science Department studying wellness trends
among college students. Abby's favorite part of her position
is planning and executing our semesterly retreats. She
loves the weekly retreat meetings and seeing everyone's
reaction to the reveal of the theme. Abby also enjoys
working alongside her president, Hannah Gross, as she
always looks forward to their weekly meetings held over tea
or coffee.



### **Alumni Spotlights**



#### **Liz Altomare**

Year Initiated: 2004
Favorite CK Memory:
Liz enjoyed being homecoming chair her
senior year as she liked participating in all
of the acitivites and organizing the 5K.

#### **Gretchen Smiles**

Year Initiated: 2008 Favorite CK Memory: Gretchen loved the people and enjoyed retreats as well as doing highway clean up.



#### WHAT HAPPENED IN CK THIS MONTH?

This semester, our retreat committee planned and put together an amazing retreat for CK. The theme was Camp CK and it was complete with trees, a tent, "cabins", camp games, and of course loves. It was a fun afternoon of spending time with each other that was full of laughs, conversation, good food, and many pictures.

This year the BSU asked for our help setting up their Christmas Ball. We were able to transform the space into a winter wonderland filled with lights, ornaments, and handmade snowflakes from yours truly. In the end, the BSU looked spectacular and it was a great time setting it up for everyone.

Greg, from the BSU, was very generous and invited us into his home to decorate Christmas cookies to de-stress before finals. We had cookies of all shapes and sizes and everyone did a fantastic job at decorating.

We held a fundraiser at SIP just before the end of the semester, and they even created a signature drink for CK called, The Cardinal. Overall, it was a great turnout and fun to see everyone there with their friends.

Our spring semester started off with a Special Women's Day brunch. All of the CKs brought delicious brunch items to share with everyone while we did fun activities. We played a "Guess Who" game, held a silent auction, and painted flower pots for campus secretaries. The silent auction was a big success as we raised around \$600 for JDRF! It was a great afternoon and we were glad our special women could join us.

## Donations for New Pledge Class

Reminder that we are collecting donations to assist with the expenses of our new pledge class.
We appreciate your valued support!

Venmo (@cardinalkey\_tsu)
Checks:
made out to Cardinal Key
send to

Truman State University - Sub; Attn. Cardinal Key 100 E Normal Ave.

Kirksville, MO 63501























